

**AN ANALYSIS OF METAPHORS IN ARIANA
GREANDE'S *ETERNAL SUNSHINE* ALBUM**

THESIS



**By:
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**ENGLISH LITERATURE PROGRAM
FACULTY OF LETTERS
UNIVERSITAS GRESIK
2026**

**AN ANALYSIS OF METAPHORS IN ARIANA
GREANDE'S *ETERNAL SUNSHINE* ALBUM**

THESIS

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MOTTO

“Life is a sculpture that you cast as you make mistakes and learn from them.”

-Kim Namjoon-

“There's always tomorrow and it always gets better.”

-Ariana Grande-

DEDICATIONS

In the name of Allah, the Most Gracious, the Most Merciful.

With profound gratitude, humility, and sincere appreciation, I dedicate this thesis to:

Allah Subhanahu wa Ta'ala, whose infinite mercy, endless blessings, and perfect wisdom have guided every step of this journey. By His will alone, I was granted the strength to endure every challenge, the patience to overcome every obstacle, and the opportunity to complete this work. To Him belongs all praise, gratitude, and glory.

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AN ANALYSIS OF METAPHORS IN ARIANA GRANDE'S ETERNAL SUNSHINE ALBUM

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ABSTRACT

This study aims to identify the types of conceptual metaphors used in selected song lyrics from Ariana Grande's *Eternal Sunshine* album (2024) and to analyze how these metaphors express emotional experiences in romantic relationships. This research employs a descriptive qualitative approach grounded in Conceptual Metaphor Theory (CMT) proposed by Lakoff and Johnson (1980), which classifies metaphors into three types: structural, orientational, and ontological. The primary data consist of lyrics from five selected songs — "Eternal Sunshine," "Don't Wanna Break Up Again," "We Can't Be Friends (Wait for Your Love)," "True Story," and "Imperfect for You" — obtained from the Spotify platform. Data were collected through textual documentation and observation, and analyzed using close reading. The findings identified twenty-three metaphorical expressions classified into twelve structural metaphors, nine ontological metaphors, and two orientational metaphors. Structural metaphors predominated, mapping concrete source domains such as games, natural disasters, fire, and mechanical loops onto abstract target domains related to emotional states and relational dynamics. Ontological metaphors gave entity-like qualities to abstract emotional experiences, while orientational metaphors communicated emotional relapse and psychological overwhelm through spatial imagery. Overall, the findings demonstrate that metaphor functions as the primary cognitive mechanism for constructing and communicating complex emotional narratives within the romantic relationships depicted in the album.

Keywords: Conceptual Metaphor, Song Lyrics, Ariana Grande, *Eternal Sunshine*, Lakoff and Johnson

AN ANALYSIS OF METAPHORS IN ARIANA GRANDE'S ETERNAL SUNSHINE ALBUM

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ABSTRACT

Penelitian ini bertujuan untuk mengidentifikasi jenis-jenis metafora konseptual yang digunakan dalam lirik lagu terpilih dari album *Eternal Sunshine* (2024) karya Ariana Grande dan menganalisis bagaimana metafora tersebut mengekspresikan pengalaman emosional dalam hubungan romantis. Penelitian ini menggunakan pendekatan kualitatif deskriptif dengan landasan teori Conceptual Metaphor Theory (CMT) yang dikemukakan oleh Lakoff dan Johnson (1980), yang mengklasifikasikan metafora ke dalam tiga jenis: struktural, orientasional, dan ontologis. Data primer berupa lirik dari lima lagu terpilih, yaitu "Eternal Sunshine," "Don't Wanna Break Up Again," "We Can't Be Friends (Wait for Your Love)," "True Story," dan "Imperfect for You," yang diperoleh dari platform Spotify. Teknik pengumpulan data dilakukan melalui dokumentasi dan observasi tekstual, sedangkan analisis data menggunakan metode analisis teks dekat (*close reading*). Hasil penelitian mengidentifikasi sebanyak dua puluh tiga ekspresi metaforis yang terdistribusi dalam tiga kategori: dua belas metafora struktural, sembilan metafora ontologis, dan dua metafora orientasional. Metafora struktural mendominasi dengan memetakan domain sumber konkret — seperti permainan, bencana alam, api, dan loop mekanis — ke domain target abstrak yang berkaitan dengan kondisi emosional dan dinamika relasional. Metafora ontologis memberikan kualitas seperti entitas fisik pada pengalaman emosional abstrak, sementara metafora orientasional mengkomunikasikan relaps emosional dan rasa terjebak secara psikologis melalui citra spasial. Secara keseluruhan, temuan menunjukkan bahwa metafora berfungsi sebagai mekanisme kognitif utama dalam mengonstruksi dan mengkomunikasikan narasi emosional yang kompleks dalam hubungan romantis yang digambarkan dalam album tersebut.

Kata kunci: Metafora Konseptual, Lirik Lagu, Ariana Grande, *Eternal Sunshine*, Lakoff dan Johnson

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