

**COPING MECHANISM : A PHYSOCOLOGIC
ANALYSIS OF PETER PARKER IN SPIDERMAN
NO WAY HOME**

THESIS



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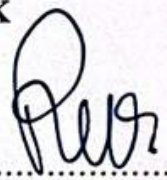
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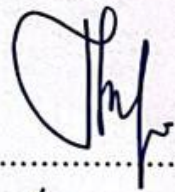
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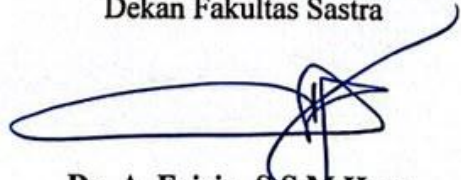
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MOTTO

“with a great power come great responsibility”

(uncle ben from spider-man)

"No matter how small I am, no matter how hopeless everything seems,

I mustn't give up!"

(Peter Parker)

"If you're nothing without the suit, then you shouldn't have it."

(Tony Stark)

HALAMAN PERSEMBAHAN

By the grace of Almighty God, this thesis was completed through much struggle and prayer. The author proudly dedicates this work, entitled "COPING MECHANISM : A PHYSOCOLOGIC ANALYSIS OF PETER PARKER IN SPIDER-MAN NO WAY HOME" to:

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Finally, I am fully aware that this thesis still contains limitations and imperfections. Nevertheless, I sincerely hope that this work may contribute valuable insights, enrich academic knowledge, and serve as a beneficial reference for readers and future researchers.

Gresik, 14 Juli 2026
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ABSTRACT

COPING MECHANISM : A PHYSOCOLOGIC ANALYSIS OF PETER PARKER IN SPIDER-MAN NO WAY HOME

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This study aims to analyze the coping mechanisms employed by Peter Parker in *Spider-Man: No Way Home*. The research focuses on identifying the types of coping mechanisms represented through Peter Parker's thoughts, emotions, dialogues, and actions, as well as examining their functions in responding to traumatic experiences. This study applies a qualitative descriptive method using a psychological approach. The primary data were collected from the dialogues, scenes, and actions of Peter Parker in *Spider-Man: No Way Home*. The analysis is based on Lazarus and Folkman's theory of coping mechanisms, which classifies coping into Problem-Focused Coping and Emotion-Focused Coping. The findings reveal that Peter Parker employs both types of coping mechanisms throughout the film. Problem-focused coping is reflected in his efforts to solve the multiverse crisis, cure the villains, and take responsibility for the consequences of his decisions. Meanwhile, emotion-focused coping is demonstrated through his expressions of grief, anger, guilt, emotional support-seeking behavior, and eventual acceptance after experiencing traumatic events, particularly the death of Aunt May. Furthermore, the study finds that Peter Parker's coping mechanisms serve three major functions: managing stress and trauma, maintaining psychological stability,

and facilitating personal growth. These findings indicate that coping mechanisms play a significant role in Peter Parker's psychological development, enabling him to overcome emotional distress and mature as an individual. Therefore, this study contributes to literary and film studies by providing a deeper understanding of how psychological coping strategies are represented in contemporary superhero films through the portrayal of fictional characters.

Keywords: coping mechanism, psychological analysis, Peter Parker, *Spider-Man: No Way Home*, Lazarus and Folkman

ABSTRAK

COPING MECHANISM : A PHYSOCOLOGIC ANALYSIS OF PETER PARKER IN SPIDER-MAN NO WAY HOME

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Penelitian ini bertujuan untuk menganalisis mekanisme koping yang digunakan oleh Peter Parker dalam film *Spider-Man: No Way Home*. Penelitian ini menggunakan metode deskriptif kualitatif dengan pendekatan psikologi sastra. Data penelitian diperoleh dari dialog, adegan, dan tindakan tokoh Peter Parker dalam film, kemudian dianalisis menggunakan teori mekanisme koping dari Lazarus dan Folkman (1984, 2020), yang membagi mekanisme koping menjadi *problem-focused coping* dan *emotion-focused coping*. Hasil penelitian menunjukkan bahwa Peter Parker menggunakan kedua jenis mekanisme koping tersebut dalam menghadapi berbagai peristiwa traumatis. *Problem-focused coping* ditunjukkan melalui upayanya menyelesaikan krisis multistemata dan membantu para villain, sedangkan *emotion-focused coping* terlihat melalui kesedihan, kemarahan, pencarian dukungan sosial, dan penerimaan atas kehilangan Aunt May. Penelitian ini menyimpulkan bahwa mekanisme koping berperan penting dalam membantu Peter Parker mengatasi trauma, menjaga kestabilan psikologis, serta mendukung perkembangan karakter menjadi pribadi yang lebih dewasa.

Kata Kunci: mekanisme koping, analisis psikologis, Peter Parker, *Spider-Man: No Way Home*, Lazarus dan Folkman.

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