Potential of Local Food Pumpkin (Cucurbita moschata Duch) as Diversification of Rice to Food Security

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Abstract

Demand for food continues to increase along with population growth and improved quality of life, food needs such as rice demand the higher the price is expensive and where rice diminishing in because of environment factors, pest and improved seed.

To anticipate the needs of food availability problems is by utilizing local food pumpkin (Cucurbita moschata Duch) as the diversification of rice. Pumpkin has a fairly good nutrient content, in addition to high levels of carbohydrates are also rich in provitamin A and carotenoids, which is a the privilege of pumpkin.

Pumpkin leaves can be used as a vegetable and is a source of Ca, P, Fe, vitamin C, vitamin A and contains the seeds as a source of protein, fat, carbohydrates, and minerals. By utilizing the pumpkin as the diversification of rice the food

INTERNET SOURCES:

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